



Special Meeting

First 5 Ventura County Health Committee: Obesity Prevention

Thursday, March 27, 2014 • 1 pm to 2:30 pm

Ventura County Community Foundation (VCCF)
Community Room
4001 Mission Oaks Blvd
Camarillo, CA 93012

AGENDA

1. Overview of F5VC Obesity Prevention Work
2. Introductions
3. Breastfeeding
 - a. Review proposed language changes on the NfL Nutrition Guidelines references to Breastfeeding.
 - b. Discussion: Building NfL capacity to support breastfeeding
4. Nutrition and Education:
 - a. Presentation: F5VC's Nutrition Outreach through Neighborhoods for Learning
 - b. Discussion: Reaching the prenatal population
5. Group discussion: Obesity prevention in children prenatal through age five.

Adjourn at 2:30 pm