

**Children Can Thrive: California's Response to Adverse Childhood Experiences**  
November, 2014



**Summit Overview and Key Takeaways**  
Deanna Handel, First 5 Ventura | Randy Ahn, Triple P America

#ChildrenCanThrive | ACES-CA.org

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**QUICK REVIEW**  
**ACEs, Trauma, and Toxic Stress**

The three types of ACEs include

ABUSE	NEGLECT	HOUSEHOLD DYSFUNCTION	
Physical	Physical	Mental Illness	Incarcerated Relative
Emotional	Emotional	Multigenerational Poverty	Substance Abuse
Sexual	Direct		

FIGURE 1. Types of Adverse Childhood Experiences  
Image courtesy of the Robert Wood Johnson Foundation

**ACEs lead to increased risk for negative health behaviors.**  
**A PERSON WITH 4 OR MORE ACEs IS:**

- 12.2 times as likely to attempt suicide
- 10.3 times as likely to use injection drugs
- 7.4 times as likely to be an alcoholic

**ACEs lead to increased risk for serious health conditions.**  
**A PERSON WITH 4 OR MORE ACEs IS:**

- 2.2 times as likely to have ischemic heart disease
- 2.4 times as likely to have a stroke
- 1.9 times as likely to have cancer
- 1.6 times as likely to have diabetes

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**ACEs in Children – National Data**

2011-12 National Study on Children's Health

- Nearly half of US children have 1 or more ACEs
- 22% had 2+ ACEs

Children with 2+ ACEs

- 2.5 times more likely to repeat a grade
- More likely to experience chronic health problems such as asthma, ADHD, ASD, & obesity

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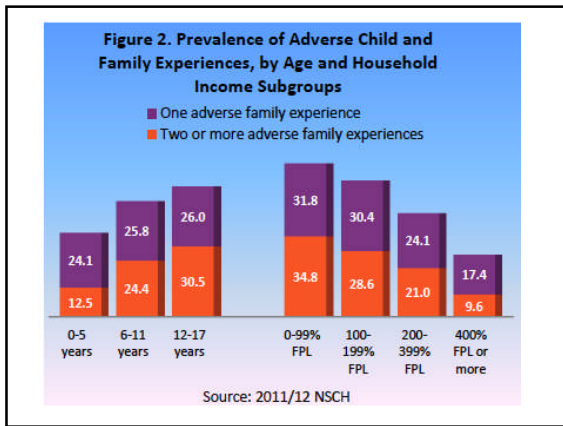
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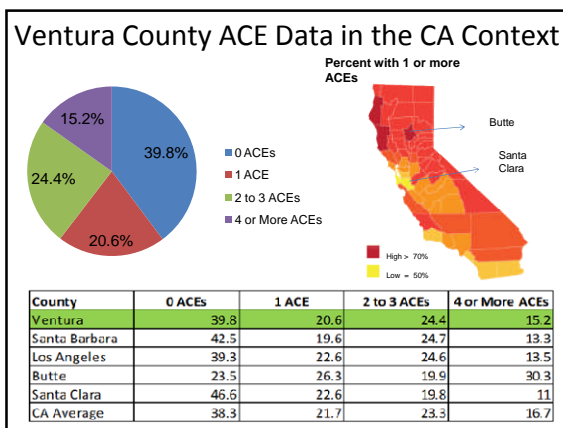
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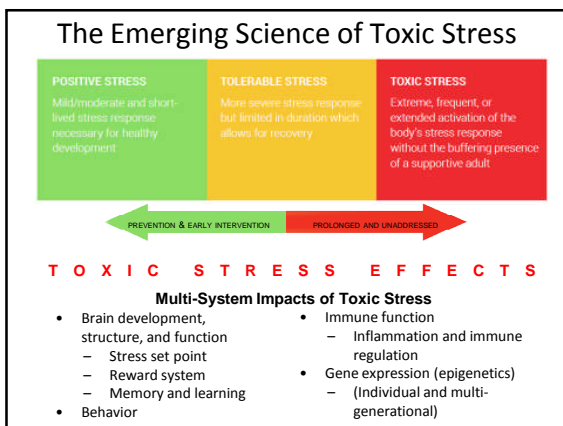
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PROMISING SOLUTION

### Trauma Informed Communities

**Walla Walla Washington – Children’s Resilience Initiative**

- 25 community agencies, goal to create a community conversant in ACEs and resilience
- Lincoln Alternative HS, Health Center, Children’s Home Society
- Featured in -- - <http://papertigersmovie.com/>

**Tarpon Springs – Peace for Tarpon**

- First city to declare itself a trauma informed community
- Built out of realization that many issues – homelessness, DV, and substance abuse stemmed from exposure to violence
- View all systems through trauma-informed lens

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PROMISING SOLUTION

### Trauma Informed Systems

- **HHS System-wide transition to TIC** (San Diego)
  - agency support through transition team of experts (Trauma Informed Guide Team)
- **Workforce-wide trauma training** (San Diego, San Francisco)
- **Trauma Informed Systems Project** (Chadwick Center, SAMSHA)
  - 6 Super-communities of excellence
  - Transformation of public child welfare agencies to trauma informed systems

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PROMISING SOLUTION

### Screening and Parent/Child Interventions

- **Trauma Toolbox for Primary Care** (AAP)
  - policy on trauma and ACEs, recommended treatment strategies, parent materials
- **Parent/Child Screening** (Children’s Clinic LB)
  - ACEs, development, S/E development (child)
  - ACEs, depression (parent)
  - Early treatment and social support, incl. SPF (child and parent)
- **Community Supports to Primary Care** (CHO)
  - 400 volunteer health navigators
  - Talk/Read/Sing messaging

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### Key Learnings

- Now is the moment
- Broad relevance/applicability of concepts
- Connecting science with experience
- New partners/new possibilities -- Collective strategies

#### How to bring about change?

- Shared understanding of ACE information
- A scalable plan
- Buy in across entire system, relevant, and empowering messaging

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### Questions?

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